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CLINICAL PROFESSOR OF PSYCHIATRY, UNIVERSITY OF CALIFORNIA, SAN FRANCISCO
CLINICAL DIRECTOR, GATEWAY PSYCHIATRIC SERVICES
DISTINGUISHED FELLOW, AMERICAN PSYCHIATRIC ASSOCIATION

EDUCATION

1985-1989	University of California, San Francisco	Psychiatry Residency
1981-1985	University of California, San Diego School of Medicine La Jolla, CA	M.D. 1985
1978-1981	Pitzer College B.A. with honors in Psychology Claremont, CA	B.A. with honors in Psychology

LICENSES AND CERTIFICATIONS

1991	Certification, American Board of Psychiatry and Neurology—Psychiatry
1990	Controlled Substance Registration Certificate—BF0713051, XF0713051
1986	California Medical License—G058999

MEDICAL STAFF MEMBERSHIP

2012-present	El Camino Hospital, Mountain View, CA
2016-present	UCSF Medical Center, San Francisco, CA
1997-2006	San Francisco General Hospital, San Francisco, CA
1994-1997	Alameda County Medical Center, Oakland, CA
1991-2000	St. Luke's Hospital, San Francisco, CA
1990-1996	Veteran's Administration Medical Center, Palo Alto, CA

ACADEMIC POSITIONS

2003-present	Clinical Professor of Psychiatry University of California, San Francisco
1995-2003	Associate Clinical Professor of Psychiatry University of California, San Francisco
1990-1995	Assistant Clinical Professor of Psychiatry University of California, San Francisco

AWARDS AND HONORS

2018	President's Distinguished Service Award (NCPS) Northern California Psychiatric Society
2011	President's Distinguished Service Award (NCPS) Northern California Psychiatric Society
2007-present	Awardee The Best Doctors in America®
2006	Distinguished Fellow American Psychiatric Association
1993	Committee Person of the Year Northern California Psychiatric Society
1989	Award for Creative Excellence Department of Psychiatry University of California, San Francisco
1981	Robert Atwood Award for Academic Excellence Honors in Psychology Pitzer College

PROFESSIONAL EXPERIENCE

- 1995-present Clinical Director
Gateway Psychiatric Services
San Francisco, CA
- 1997-2000 Medical Director
Community Mental Health Services
City and County of San Francisco, CA
- 1994-1997 Chairman
Department of Psychiatry
Alameda County Medical Center
John George Psychiatric Pavilion
San Leandro, CA
- 1994-2001 Affiliated Investigator
Institute for Mental Health Services Research
NIMH Center for Research on the Organization and
Financing of Care for the Severely Mentally Ill
Berkeley, CA
- 1990-1994 Medical Director
Psychiatric Emergency Services
San Francisco General Hospital
San Francisco, CA
- 1989-1990 Department of Veterans Affairs Research Fellowship in Psychiatry
University of California, San Francisco and
Veterans Administration Medical Center
San Francisco, CA
- 1985-1989 Psychiatry Residency
University of California, San Francisco
San Francisco, CA
- 1987-1990 Emergency and Inpatient Psychiatrist
Valley Medical Center,
San Jose, CA
- 1987-1989 Inpatient Psychiatrist
Menlo Park V.A. Hospital
Palo Alto, CA
- 1987-1988 Emergency Psychiatrist
Mount Zion Crisis Clinic
San Francisco, CA

RESEARCH ACTIVITIES

PUBLICATIONS

- Forster, P and G Gregory. (2018). The Bipolar Disorder Workbook. *Powerful Tools and Practical Resources for Bipolar II and Cyclothymia*. Berkeley: Callisto Media Press.
- Forster P. (2014) Bipolar Disorder. In: Aminoff M.J. and Daroff R.B. (eds.) *Encyclopedia of the Neurological Sciences*, 2nd edition, vol. 1, pp. 420-424. Oxford: Academic Press.
- Forster, P. (2008) Commentary: Treating Anxiety in the ED in an Age of Anxiety. *Psychiatric Issues in Emergency Care Settings* 7(1), 27-29.
- Shumway, M., Unick G., McConnell, W., Catalano, R. & Forster, P. (2004) Measuring Community Preferences for Public Mental Health Services: Pilot Test of a Mail Survey Method. *Community Mental Health Journal*, 40(4), 281-295.
- Catalano, R., McConnell, W., Forster, P., McFarland, B., & Thornton, D. (2003). Psychiatric Emergency Services and the System of Care. *Psychiatric Services*, 54, 351-355.
- Forster, P. (2002). Managing the Agitated Psychotic Patient: An Update. *Emergency Psychiatry*, 8(2), 61-64.
- Mathews, C.A., Glidden, D., Murray, S., Forster, P., & Hargreaves, W. (2002). The Effect on Treatment Outcomes of Assigning Patients to Ethnically Focused Inpatient Psychiatric Units. *Psychiatric Services*, 53(7), 830-835.
- Forster, P. & Bilsker, D. (2002). Emergency Psychiatry and the Suicidal Patient. *Crisis*, 23(2), 83-85.
- Forster, P. & Wu, L. (2002). Assessment and Treatment of the Suicidal Patient in an Emergency Setting. In M.H. Allen (Ed.), *Emergency Psychiatry*, (pp. 75-113). American Psychiatric Publishing, Inc.
- Forster, P. & Wu, L. (2001). Traumatic Stress and Natural Disasters: Implications for Psychiatric Emergency Services. *Journal of Emergency Psychiatry*, 7(3), 76-80.

- Phelps, M. & Forster, P. (2000). Assessment of Psychotic Symptoms: Distinguishing Between Functional and Medically-Induced Psychosis. *Crisis Intervention*, 6(2), 101-107.
- Allen, M.H., Currier, G.W., Forster, P. & Hughes, D. (2000). Treatment of Agitated Acute Psychosis. *Journal of Clinical Psychiatry Audiograph Series*, 3(2), 1-20.
- Forster, P. (1999). Acute Crisis Treatment of the Dual-Diagnosis Patient: The Mental Health and Substance Abuse Services Interface. In De Clercq, M., Andreoli, A., LaMarre, S., & Forster, P. (Eds.), *Emergency Psychiatry in a Changing World*, (pp. 355-358). Elsevier.
- Forster, P. (1999). Emergency Psychiatry and Social Control. In De Clercq, M., Andreoli, A., LaMarre, S., & Forster, P. (Eds.), *Emergency Psychiatry in a Changing World*, (pp. 91-94.) Elsevier
- Forster, P., Buckley, R., & Phelps, M.A. (1999). Phenomenology and Treatment of Psychotic Disorders in the Psychiatric Emergency Service. *Psychiatric Clinics of North America*, 22(4), 735-754.
- Forster, P., Cavness, C., & Phelps, M.A. (1999). Staff Training Decreases Use of Seclusion and Restraint in an Acute Psychiatric Hospital. *Archives of Psychiatric Nursing*, 13(5), 269-271.
- Forster, P. & Roberts, D. (1999). Tennessee Managed Care Effort Raises Questions about For-Profit HMO's. *Journal of Emergency Psychiatry*, 5(3), 15-17.
- Forster, P. & Roberts, D. (1999). Involuntary Outpatient Commitment: Will it Stop the Revolving Door? *Journal of Emergency Psychiatry*, 5(2), 21-23.
- Forster, P. & DeRanieri, A. (1999). Mental Health Services in San Francisco. *San Francisco Medicine*, 25-26.
- Forster, P. (1998). Acute or Crisis Treatment of the Dual Diagnosis Patient: The Mental Health and Substance Abuse Services Interface. In M. De Clercq (Ed.) *International Association for Emergency Psychiatry Monograph*.
- Forster, P. (1998). Emergency Psychiatry and Social Control. In M. De Clercq (Ed.) *International Association for Emergency Psychiatry Monograph*.
- Forster, P. & Roberts, D. (1998). Comprehensive Crisis Triage Centers: Do the Ends Justify the Means? *Journal of Emergency Psychiatry*, 4(2), 13-15.
- Forster, P., Hom, A., & King, J.R. Taking Stock in the Era of Crises: The Past, Present, and Potential of Psychiatric Emergency Services. *International Association for Emergency Psychiatry Monograph*.
- Forster, P. (1998). Taking Stock in the Era of Policy: The Origins, Present and Potential of Psychiatric Emergency Services. *Emergency Psychiatry and Mental Health Policy: An International Point of View*.
- Forster, P. & Roberts, D. (1998). Comprehensive Crisis Triage Centers: Do the Ends Justify the Means? *Journal of Emergency Psychiatry*, 2(3), 59-60.
- Bowden, C.L., Brady, K.T., Forster, P.L., Goodwin, F.K., & Tohen, M. (1996). Current Concepts in Treating Bipolar Disorder. *Journal of Clinical Psychiatry*, 57(4), 1-12.
- Prasad, S. & Forster, P. (1996). Consumers and Managed Care Ally to Oppose Involuntary Treatment. *Journal of Emergency Psychiatry*, 2(1), 5-14.
- Forster, P. & Prasad, S. (1996). Managed Care and Acute Psychiatry: National Update. *Journal of Emergency Psychiatry*, 2(2), 3-4.
- Forster, P., Schoenfeld, F., Marmar, C., & Lang, A.J. (1995). Lithium for Irritability in PTSD. *Journal of Traumatic Stress*, 8(1), 143-149.
- Forster, P. & King, J. (1995). Medications in Emergencies: In Reply. *Psychiatric Services*, 46(6), 624.
- Phelps, M. & Forster, P. (1995). Mental Health Fights Back Against Managed Care. *Journal of Emergency Psychiatry*, 1(4), 80-81.
- Forster, P. & King, J. (1994). Fluoxetine for Premature Ejaculation. *American Journal of Psychiatry*, 151(10), 1523.
- Forster, P. (1994). Definitive Treatment of Patients with Serious Mental Disorders in an Emergency Service (Part I). *Hospital and Community Psychiatry*, 45(9), 867-869.
- Forster, P. (1994). Definitive Treatment of Patients with Serious Mental Disorders in an Emergency Service (Part II). *Hospital and Community Psychiatry*, 45(12), 1177-1178.
- Williams, M.L., Forster, P.L., McCarthy, G.D., & Hargreaves, W.A. (1994). Managing Case Management: What makes it work? *Journal of Psychosocial Rehabilitation*.
- Forster, P. (Guest Editor) (1994). Journal of Emergency Psychiatry. *Psychiatric Annals*.
- Forster, P. (1994). Accurate Assessment of Short-term Suicide Risk in a Crisis. *Psychiatric Annals*, 24(11), 571-578.
- Forster, P. (1994). Traumatic Stress Reactions and the Psychiatric Emergency. *Psychiatric Annals*, 24(11), 603-609.
- Forster, P. (1993). Book Reviews: Full Catastrophe Living. *San Francisco Medicine*, June, 17-18.
- Forster, P. & King, J.R. (1993). Psychiatric Emergency Services in the 21st Century. *Psychiatric Times*, December, 28.
- Forster, P. (1992). Acute Reactions to Community Trauma and Disaster. In Austin, L. (Ed.), *Clinical Response to Community Trauma and Disaster*, Washington, D.C.: APA Press.
- Forster, P. (1991). Positive Stress. *San Francisco Medicine*, May, 26-27.
- Forster, P. & Marmar, C. (1990). Benefits and Risks of Benzodiazepines in Acute Stress Reactions. In Roy-Byrne, P. (Ed.), *The Role of Benzodiazepines in the Management of Anxiety Disorders*. Washington D.C.: APA Press.

Forster, P. (1989). Post-Traumatic Stress Disorder Research Explores Effects of Trauma, Violence, and Vulnerability. *San Francisco Medicine*, November, 28.

GRANTS

2002-2005	Consultant to the Japanese Association for Emergency Psychiatry on developing a consensus around the treatment of agitation that reduces the use of seclusion and restraint and maximizes the use of less restrictive alternatives
1999-2004	Co-Investigator on UC Berkeley Center for Mental Health Services Research Grant for "Suicide Prevention: Determining the Best Settings for Prevention Intervention" Lead Investigator: Patricia Areán, Ph.D.
1997-2001	Co-Investigator on UC Berkeley Center for Mental Health Services Research Grant for evaluation of the effectiveness of the CMHS 1-800 Access number
1997-1999	Co-Investigator on NIMH/UC Berkeley Grant for "Time Series Analysis of Involuntary Commitment." Lead Investigator: Ralph Catalano, Ph.D.
1997-2000	Consultant on UCSF Public Health Service/School of Nursing Training Grant to prepare Nurse Practitioners for work with seriously mentally ill patients. Grant Recipient: Linda Chafetz, DNSc
1996-1998	Industry Research Grant for Depression and Primary Care Program Design Pfizer Laboratories
1988-1990	Basic Research Sciences Grant
1989-1990	Psychiatry Research Award Department of Veterans Affairs

TEACHING

<u>ACAD. YEAR</u>	<u>COURSE TITLE</u>	<u>NATURE OF CONTRIBUTION</u>	<u># OF STUDENTS</u>
<u>SCHOOL OF MEDICINE COURSES</u>			
1989-1990	Psychiatry 110	Direct Supervision and Lecture 2 hours/week	8
<u>DEPARTMENT OF PSYCHIATRY RESIDENCY COURSES</u>			
2013-2016	Co-director Bipolar Disorders lectures for PGY-2 and 3		16
2013-present	Attending psychiatrist for the Bipolar Disorders Clinic		8
2005-2013	Seminar Director for Basic Evaluation and Emergency Psychiatry	12 lectures/year	9
2001-2006	Senior Clinical Consultations	10 lectures/year	9
1990-2005	Psychopharmacology PGY-1	Guest Lecturer 4 lectures/year	9
1990-2005	Psychopathology PGY-1	Guest Lecturer 8 lectures/year	9
1989-1997	Core Psychopharmacology/ Psychopathology PGY-2	Guest Lecturer 2 lectures/year	17
<u>SCHOOL OF NURSING COURSES</u>			
1998-2005	Management of Psychotropic Regimens	Seminar	20
1997-1999	Assessment/Management of Psychiatric Symptoms	Lecture	10
1990-1999	Drug and Alcohol Abuse/ Psychiatric Emergencies Master of Science Course	Seminar Yearly	10
1993	Identifying Causes of Disruptive Behavior/Managing the Psychiatric Emergency	Lecture	25
<u>INFORMAL TEACHING AND SUPERVISION</u>			
2002-2003	Clinical supervision of 2nd year advanced practice nursing student	2 hours/week	1

1995-1999	Emergency Psychiatry Review Residents Seminar, Napa State Hospital	8 hours/year	10
1994-1995	Clinical and Research Elective Supervision of 2 nd year medical student	30 hours/year	1
1992-1993	Off-ward supervision of PGY-1 Resident for CRT	50 hours/year	1
1991-1992	Supervision of 3 externs from Worcester Polytechnic Institute	20 hours	3
1991-1994	Consult-liaison debriefing of PGY-1 residents	52 hours/year	34
1990-1992	Supervision of senior (4 th year) resident	50 hours/year	2
1990-1993	Supervision and teaching of PGY-1 residents during a week-long rotation at PES	30 hours/year	34
1990-1991	Informal supervision of 3 rd year medical students	20 hours/year	10
1990-1991	Lecture on Emergency Psychiatry	2 times/year	8
1990-1991	Off-ward supervision of PGY-1 residents	75 hours/year	2

POSTDOCTORAL STUDENTS SUPERVISED

1999-2000	Connie Choi	Fourth Year Resident
1998-1999	Gemma Guillermo	Fourth Year Resident
1994-1995	Steve McGuire	Second Year Medical Student
1994-1995	Steve Murray, M.D.	Third Year Resident
1992-1993	Carol Matthews, M.D.	First Year Resident
1991-1992	George Harrison, M.D.	First Year Resident
1991-1992	Irene Sung, M.D.	First Year Resident
1991-1992	Michael Valan, M.D.	Senior Resident teaching at PES quarter-time
1990-1991	Laura Post, M.D.	Senior Resident Supervision of research at PES half-time

OTHER MEDICAL STUDENTS

1988-1994	Advanced Clinical Clerkship in Emergency Psychiatry
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PROFESSIONAL ACTIVITY

MEMBERSHIPS IN PROFESSIONAL ORGANIZATIONS

2003-2006	American College of Mental Health Administration
2003-2013	Pacific Rim College of Psychiatrists
2003-present	International Society for Bipolar Disorders
2002-2010	West Coast College of Biological Psychiatry
2002-present	Society of Biological Psychiatry
1993-2004	American Association of General Hospital Psychiatrists
1992-present	American Association of Suicidology
1992-2015	American Association of Community Psychiatrists
1989-present	International Society for Traumatic Stress Studies
1989-2015	American Association for Emergency Psychiatry
1988-2017	California Medical Association
1988-2017	San Francisco Medical Society
1985-present	Northern California Psychiatric Society
1983-present	American Medical Association
1982-present	American Psychiatric Association

PROFESSIONAL ORGANIZATION ACTIVITIES

2015-present Delegate, American Psychiatric Association Assembly
2016-present Chair, Northern California Psychiatric Society Technology Committee
2016-present Editor, Northern California Psychiatric Society Newsletter
2013-2014 Member, Scientific and Program Committee, Institute for Psychiatric Services, American Psychiatric Association
2011-2013 Member, Nominations Committee, American Psychiatric Association
2006-2013 Delegate, American Psychiatric Association Assembly
2005-2006 President, Northern California Psychiatric Society
2004-2005 President-Elect, Northern California Psychiatric Society
2003-2004 Treasurer, Northern California Psychiatric Society
2003-2006 Member, American Psychiatric Association Committee on Psychiatric Services Achievement Awards
2000-2005 Member, Board of Trustees, American Association of Community Psychiatrists
1999-2000 Member, Council on Legislation, California Medical Association
1999-2005 Chair, Public Psychiatry Committee, California Psychiatric Association
1998-2002 Member, Task Force on Psychiatric Emergency Services, Council on Psychiatric Services, American Psychiatric Association
1997-2011 Member, Mental Health Committee, San Francisco Medical Society
1996-2003 Vice-President, International Association for Emergency Psychiatry
1993-2000 Delegate to the California Medical Association
1992-2008 Member, Board of Trustees, American Association for Emergency Psychiatry
1992-1994 President, American Association for Emergency Psychiatry
1991-1992 President-Elect, American Association for Emergency Psychiatry
1991-1992 Representative, California Medical Association Psychiatric Advisory Committee
1991-1994 Counselor, Northern California Psychiatric Society
1990-1992 Member, Membership Committee, San Francisco Medical Society
1990-1994 Member, Publications Committee, San Francisco Medical Society
1989-1990 Member, Board of Trustees, California Psychiatric Political Action Committee
1989-1994 Chairman, Professional Education Committee, Northern California Psychiatric Society
1989-1996 Member, Professional Education Committee, Northern California Psychiatric Society
1989-1991 Member, Ad Hoc Committee on Disaster Preparedness, Northern California Psychiatric Society
1989-1991 Member, Well-Being Committee, San Francisco Medical Society
1988-1989 President, Resident's Association, University of California, San Francisco
1988-1989 Resident Member, Council of Trustees, Northern California Psychiatric Society
1988-1989 Member, Nominating Committee, Northern California Psychiatric Society
1985-1987 Representative and then Treasurer, Resident's Association, University of California, San Francisco

SERVICE TO PROFESSIONAL PUBLICATIONS

2007-2013 Reviewer
General Hospital Psychiatry
2007-2009 Reviewer
Journal of Psychiatric Practice
1999 Reviewer
University of California, Berkeley Health Services Research
1998-2000 Reviewer
Comprehensive Psychiatry
1992-2009 Contributing Editor
Journal of Emergency Psychiatry
1992-1999 Reviewer
Journal of General Hospital Psychiatry
1989-2008 Reviewer
Journal of the Society for Traumatic Stress Studies

OTHER PROFESSIONAL SERVICE

1998-2002 California Medical Board Probation Supervisor
1989-1990 Ad Hoc Committee on the Reorganization of Acute Psychiatric Services of the Department of Mental Health, San Francisco, Member

PRESENTATIONS AT SCIENTIFIC AND PROFESSIONAL MEETINGS

INTERNATIONAL

- Japanese Association for Emergency Psychiatry, “Integrating Medical and Psychiatric Emergency Services”
October 2006. Hiroshima, Japan.
- 12th Annual Meeting of Japanese Society of Clinical Neuropsychopharmacology Satellite Symposium, October 2002.
“Best Practices with Agitation Development.”
- International Association for Emergency Psychiatry North American Delegation, June 2002. “Suicide”, Co-chair.
Barcelona, Spain.
- International Association for Emergency Psychiatry 6th World Conference, June 2002, “Legal and Ethical Foundation
of Psychiatric Emergency Services”, Chairperson. Barcelona, Spain.
- International Association for Emergency Psychiatry 6th World Conference, June 2002, “Standards for
Emergency Psychiatric Services”, Chairperson. Barcelona, Spain.
- International Association for Emergency Psychiatry 6th World Conference, June 2002, “Transcultural Issues
in Emergency Psychiatry”, Co-chair. Barcelona, Spain.
- International Association for Emergency Psychiatry 6th World Conference, June 2002, “Emergency Psychiatry in a
New Mental Health System: Quality vs. Efficiency, Structures vs. Networks.”, Barcelona, Spain.
- Japanese Association of Emergency Psychiatry, November 2001, “Assessment and Treatment of the Acutely Psychotic
Patient”, Yokohoma City, Japan.
- International Association for Emergency Psychiatry, October 1998, “Acute or Crisis Treatment of the Dual Diagnosis
Patient”, Brussels, Belgium
- International Association for Emergency Psychiatry, October 1998, “Emergency Psychiatry and Social Control”,
Brussels, Belgium
- International Association for Emergency Psychiatry, February 1996, “Problems of Emergency Psychiatry”,
Brussels, Belgium

NATIONAL

- American Association of Community Psychiatrists, 2004 Winter Conference: “Best Practices in the Preventions
of Suicide in a Community Mental Health System” Honolulu, HI.
- American Psychiatric Association –55th Institute on Psychiatric Services, October 2003, “Successful Transitions from
Acute Services to Community Care”, (symposium chairperson), Boston, MA.
- AACP 2003 Winter Conference. “Suicide Prevention from a Systems Perspective.” Charlottesville, VA.
- American Psychiatric Association, 2002, participated in Emergency Psychiatry Symposium as part of the Review
of Psychiatry series, talk was "Assessment and Treatment of the Suicidal Patient", Philadelphia, PA
- American Psychiatric Association, 2002, Symposium Chair for “Academic and Community Mental Health: Can
This Marriage Be Saved?”, Philadelphia, PA.
- American Association for Emergency Psychiatry Current Issues in Psychiatric Emergency Services Tools for
Assessment, Management, and Change. 2002. “Update on Suicide”, Milwaukee, WI.
- AACP 2002 Winter Conference. “Substance Abuse and the Risk of Suicide”, Tucson, AZ.
- International Society of Psychiatric-Mental Health Nurses. “The Assessment and Pharmacologic Management of the
Agitated Assaultive Patient”, Washington, DC.
- American Community for Emergency Physicians, 2001, “The Agitated Patients: A Video Study of Real Life in the
ED”, Chicago, Illinois
- American Association for Emergency Psychiatry, 2001, “Prevention and Management of Agitation and
Aggressive Behaviors”, Houston, Texas
- American Psychiatric Association –52nd Institute on Psychiatric Services, October 2000, “Developing a Continuum
of Crisis Services in Community Mental Health”, (symposium chairperson), Philadelphia, Pennsylvania
- American Psychiatric Association – 51st Institute on Psychiatric Services, October 1999, “Innovative Pharmacy Services
in Community Mental Health Centers”, (symposium chairperson), New Orleans, Louisiana
- American Psychiatric Association – 51st Institute on Psychiatric Services, October 1999, “Academic Detailing of Community
Psychiatrists: Implementing Treatment Guidelines” (presentation), New Orleans, Louisiana
- American Psychiatric Association – 51st Institute on Psychiatric Services, October 1999, “Factors Associated with
Changes in Psychiatric Emergency Service Visits” (presentation), New Orleans, Louisiana
- American Psychiatric Association- 49th Institute on Psychiatric Services, October 1997, “Acute Crisis Treatment of
the Dual Diagnosis Patient”, Washington, DC.
- Medical University of South Carolina - Emergency Psychiatry/ Mobile Crisis Program; Southern Regional Emergency
Psychiatry Symposium, October 1997, “Assessment and Definitive Treatment of Bipolar Disorder in an Acute Care
Setting”, Charleston, South Carolina
- US Psychiatric Congress, November, 1995, “Bipolar Disorder Presenting as a Clinical Emergency”, New York,
New York

Forty-Seventh Annual Hospital and Community Psychiatry Institute (Psychiatric Services), October 1995, "Rapid Stabilization and Treatment of Bipolar Disorder" (presentation), Boston, Massachusetts

Forty-Seventh Annual Hospital and Community Psychiatry Institute (Psychiatric Services), October 1995, "The Impact of Managed Care on Psychiatric Emergency Services" (presentation), Boston, Massachusetts

Forty-Seventh Annual Hospital and Community Psychiatry Institute (Psychiatric Services), October 1995, "Current and Future Use of Antidepressants" (symposium), October 1995, Boston, Massachusetts

Forty-Sixth Annual Hospital and Community Psychiatry Institute, September/October 1994, "Difficult Patients in the Emergency Crisis Service: Assessment, Management, Survival" (workshop), San Diego, California

American Psychiatric Association Annual Meeting, May 1994 "Suicide Assessment in the Acute or Outpatient Setting" (presentation), Philadelphia, Pennsylvania

Forty-Fifth Annual Hospital and Community Psychiatry Institute, October 1993, "Public-Private Partnership: Prescription for Success" (presentation), Baltimore, Maryland

National Conference of Community Mental Health Centers Annual Meeting, June 1993, "Assessing and Treating the Violent Patient" (presentation), San Francisco, California

American Association of General Hospital Psychiatrists, June 1993, "Innovations in Urban Psychiatric Emergency Services" (presentation), Boston, Massachusetts

American Psychiatric Association Annual Meeting, May 1993 "Psychiatric Emergency Services Update" (presentation), San Francisco, California

American Psychiatric Association, May 1993, "Suicidality in the Psychiatric Emergency Room" (course), San Francisco, California

Forty-Fourth Annual Hospital and Community Psychiatry Institute, October 1992 "Case Management and the Psychiatric Emergency Service: Oil and Water?" (moderator), "Ethically and Clinically Rationing Care in the Psychiatric Emergency Service", Toronto, Canada

American Psychiatric Association Annual Meeting, May 1992, "Suicidality in the Psychiatric Emergency Room" (course), Washington, D.C.

Forty-Third Annual Hospital and Community Psychiatry Institute, October 1991 "Satisfied Customers Don't Come Back: Successful Referrals from the PES", Los Angeles, California

American Psychiatric Association Annual Meeting, May 1991, Co-Chairman Workshop on PTSD, New Orleans, Louisiana

Forty-Second Annual Hospital and Community Psychiatry Institute, "Natural Disasters and PTSD" (panel discussion), October 1990

REGIONAL

Northern California Psychiatric Society, "DSM-5 Training for Psychiatrists," San Francisco, CA. June 2013. Northern California Psychiatric Society, "Uses and Abuses of the Internet in Psychiatry," Monterey, CA. March 2010. San Francisco Alliance for the Mentally Ill, "Evidence Based Dual Diagnosis Treatment," San Francisco, CA. March 2009.

Northern California Psychiatric Society, "Out of the Abyss: Building Positive Emotions and Self-Esteem in Bipolar Depression", Monterey, CA. 2008.

Northern California Psychiatric Society, "Integrated Treatment of Patients with Mood Disorders", Squaw Creek, CA. 2007.

Napa State Hospital, "Sentinel Events in Psychiatry", Napa, CA. 2002

San Francisco Psychiatric Society, "Assessment and Management of the Suicidal Patient", San Francisco, CA. 2002

San Joaquin County Mental Health Department, "Innovative Psychiatric Emergency Services", San Joaquin, CA. 2002

Kern Medical Center, "Assertive Community Treatment", "Assessment and Management of the Suicidal Patient", and "Innovative Psychiatric Emergency Services", Bakersfield, CA. 2002.

Salem Hospital Psychiatric Emergency Service Grand Rounds, "Assessment and Management of the Suicidal Patient", Salem, OR 2002.

California Pacific Medical Center Grand Rounds, "Hope for the Suicidal Patient", San Francisco, California, 2002

California Institute for Mental Health Information Systems Conference, "Clinical Information Systems for Mental Health", Sacramento, California, 2001

California Academy of Family Practices Annual Meeting, "Neurobiology of Depression", San Francisco, California, 2000

Long Beach Veterans Administration Hospital, "Treatment of the Acutely Psychotic", Long Beach, California, 2000

California Academy of Family Physicians, "The Neurobiology of Depression", San Francisco, CA, 1999

California Academy of Family Physicians, "Depression Update", Coronado, California, 1995

California Medical Association Meeting, "Assessment and Management of the Suicidal Patient", Anaheim, California, 1993

Northern California Psychiatric Society Annual Meeting, March 1993 "Psychotherapy and Psychopharmacology of Depression" (chairman and moderator)

Northern California Psychiatric Society Annual Meeting, April 1992 “Life Transition Issues for Psychiatrists” (chairman and discussant)
 Northern California Psychiatric Society Annual Meeting, April 1991 “Creativity and Affective Disorders” (chairman and discussant on panel)
 Northern California Psychiatric Society Annual Meeting, April 1990 “Post-Traumatic Stress Disorder” (chairman and discussant on panel)

SELECTED LECTURES AND PRESENTATIONS NOT LISTED ABOVE

2014 Langley Porter Psychiatric Institute, Affective Disorders Clinic, “Treatment of Bipolar Depression,” San Francisco, CA
 2014 California Pacific Medical Center, Department of Psychiatry, “Transcranial Magnetic Stimulation: An Update,” San Francisco, CA
 2013 Langley Porter Psychiatric Institute, Affective Disorders Clinic, “Transcranial Magnetic Stimulation: An Update,” San Francisco, CA
 2012 Langley Porter Psychiatric Institute, Affective Disorders Clinic, “Bipolar versus Borderline Personality Disorder,” San Francisco, CA
 2011 Langley Porter Psychiatric Institute, Affective Disorders Clinic, “PTSD and Bipolar Disorder,” San Francisco, CA
 2009 Langley Porter Psychiatric Institute, Affective Disorders Clinic, “Mixed States,” San Francisco, CA
 2008 Bipolar Advantage, “Psychobiological Approaches to Bipolar,” Concord, CA
 2002 Stockton Community Mental Health Services, “Innovative Psychiatric Emergency Services”, Stockton, California
 2002 Napa State Hospital, “Sentinel Events in Psychiatry”, Napa, California
 2001 San Joaquin County Mental Health, San Joaquin, California
 2001 Alameda County Behavioral Healthcare, “An Update on PTSD”, Alameda, California
 2001 Saitama Medical School, “Violence and Psychiatry”, Saitama, Japan
 2001 Harbor View Medical Center, “Assessment and Treatment of the Acutely Psychotic Patient”, Seattle, Washington
 2001 Kalihi Palama Community Mental Health, “Assertive Community Treatment”, Honolulu, Hawaii
 2001 Kalihi Palama Community Mental Health, “Strategic Implications: Expanding Role Antiepileptic Agents in Bipolar Disorder”, Honolulu, Hawaii
 2001 Seattle Veterans Administration Hospital, “Difficult Patient with Somatization”, Seattle, Washington
 2001 University of Oklahoma, “Innovative PES and Rapid Stabilization”, Tulsa, Oklahoma
 2000 Juntendo University, “Assessment and Treatment of the Acutely Psychotic Patient”, Tokyo, Japan
 2000 Alameda County Behavioral Health Center, “An Update on PTSD”, Alameda, California
 2000 St. Vincent’s Grand Rounds, “Innovative Psychiatric ER Services”, New York, New York
 2000 Our Lady of Mercy, “Innovative Psychiatric ER Services”, New York, New York
 2000 Texas Tech University, “Acute Treatment of Psychosis”, El Paso, Texas
 2000 Jacobi Medical Center, “Treatment of Psychosis and the Suicidal Patient”, Jacobi, New York
 2000 Juntendo University, “Innovative Psychiatric Emergency Services”, Tokyo, Japan
 1999 American Psychiatric Association, “Factors Associated with Changes in Psychiatric Emergency Service Visits”, New Orleans, Louisiana
 1999 American Psychiatric Association, “Innovative Pharmacy Services in Community Mental Health Centers”, New Orleans, Louisiana
 1999 University of California, San Francisco, “Disturbance of Cognitive Function”, San Francisco, California
 1999 Department of Public Health and United Behavioral Health Conference, “Suicide in San Francisco”, San Francisco, California
 1999 Alameda County Behavioral Health, “Somatization”, Alameda, California
 1999 California Medical Facility, “Definitive Treatment of Bipolar Disorder”, Vacaville, CA
 1999 Queens Medical Center, “Psychopharmacology of Agitation”, Honolulu, Hawaii
 1999 Western State Hospital, “Innovative Psychiatric Emergency Services”, Staunton, Virginia
 1999 University of Virginia Hospital, “The Agitated Assaultive Patient”, Charlottesville, Virginia
 1999 San Joaquin County Mental Health, “Assessment and Treatment of the Acutely Psychotic Patient”, Stockton, California
 1999 Central Washington Comprehensive Mental Health, “Treating the Acute Patient”, Yakima, Washington
 1999 California Department of Health Services and University of California, San Francisco and Berkeley, “Community Mental Health for Physicians Training in Preventive Medicine”, San Francisco, California

- 1999 San Francisco General Hospital, "Atypical Psychotic Guidelines and Use", San Francisco, California
- 1999 Kern County Medical Center, "Time Effective of Depression and Anxiety in Primary Care", Bakersfield, California
- 1999 St. Elizabeth's Hospital, "Innovative Psychiatric Emergency Services", Washington, DC
- 1999 Davies Medical Center, "Psychosomatic Illness: Treatment of the Difficult with Depression and Somatization", San Francisco, California
- 1999 Mt. Sinai Medical Center, "Innovative Psychiatric Emergency Services", New York
- 1999 New York State University, "Innovative Psychiatric Emergency Services", New York
- 1999 St. Francis Medical Center, "Definitive Treatment of Bipolar Disorder in Acute Care", San Francisco, California
- 1999 University of Virginia Hospital, "The Agitated Assaultive Patient", Virginia
- 1998 Castle Medical Center, "Time Effective Treatment of Depression: Depression for Christmas", Honolulu, Hawaii
- 1998 California Medical Facility, "Pharmacological Management of Agitated Assaultive Patient", Vacaville, California
- 1998 St. Anthony's Hospital, "Pharmacological Management of the Agitated Assaultive Patient", San Francisco, California
- 1998 Portland Veterans Administration Hospital, "Innovative Psychiatric Emergency Services", Portland, Oregon
- 1998 Salem Hospital, "Innovative Psychiatric Emergency Services", Salem, Oregon
- 1998 Washington State Association of Community Psychiatry, Annual Meeting, "Assessment & Treatment of Suicidality", Vancouver, Canada
- 1998 Tripler Hospital, "Time Effective Treatment of Depression & Anxiety in Primary Care", Honolulu, Hawaii
- 1998 Straub Hospital & Clinic, "Anxiety & Depression in Primary Care", Honolulu, Hawaii
- 1998 Medical Directors Meeting, including State Commissioner of Mental Health, "National Trends in Innovative Psychiatric Emergency Services", Bangor, Maine
- 1998 Northeast Crisis Services, "Natural Disasters & PTSD", Bangor, Maine
- 1998 Arcada Hospital, "Assessment and Definitive Treatment of the Acutely Bipolar Patient", Bangor, Maine
- 1997 Chicago Forest Hospital, "Assessment and Definitive Treatment of the Acutely Psychotic Patient", Glenview, Illinois
- 1997 Evanston Hospital, "Assessment and Definitive Treatment of the Acutely Psychotic Patient", Evanston, Illinois
- 1997 University of Minnesota-Fairview Medical Center, "Rapid Assessment and Treatment of the Psychotic Patient", Minneapolis, Minnesota
- 1997 Atascadero State Hospital, "Rapid Stabilization of the Acutely Manic Patient", San Luis Obispo, California
- 1997 University of Hawaii, "Treatment of Acute Psychosis", Honolulu, Hawaii
- 1997 Oregon Health Sciences University, "New Antipsychotics", Portland, Oregon
- 1997 Allegheny University, "Innovative Psychiatric Emergency Services", Pittsburgh, Pennsylvania
- 1997 University of California, "New Antipsychotics", Irvine, California
- 1996 Mayo Clinic, "Assessment and Definitive Treatment of Bipolar Disorder", Rochester, Minnesota
- 1996 University of California, "Depression and Somatization", Davis, California
- 1996 Mills College, "Depression and Anxiety in a Managed Care Environment", Berkeley, California
- 1996 University of Virginia, "Assessment and Definitive treatment of Bipolar Disorder", Charlottesville, Virginia
- 1995 University of California, "Definitive Treatment of Bipolar Disorder", Los Angeles, California
- 1995 University of Massachusetts Medical Center, "Assessment and Definitive Treatment of Bipolar Disorder", Worcester, Massachusetts
- 1995 Wayne State University, "Assessment and Definitive Treatment of Bipolar Disorder in an Acute Care Setting", Detroit, Michigan
- 1995 Medical University of South Carolina, "Treatment and Management of Bipolar Disorder", Charleston, South Carolina
- 1995 University of Nevada, "Innovative Approaches to Treatment of Bipolar Disorder", Reno, Nevada
- 1995 Thomas Jefferson University Hospital, "Assessment and Definitive Treatment of Bipolar Disorder in an Acute Care Setting", Philadelphia, Pennsylvania
- 1995 Alameda County Medical Center, "Definitive Treatment in an Acute Care Setting: The Changing Practice of Psychiatry", San Leandro, California
- 1995 University of Washington Medical Center, "Suicide Assessment", Seattle, Washington
- 1994 New York University, "Assessment and Definitive Treatment of Bipolar Disorder in an Acute Care Setting", New York, New York
- 1994 University of Michigan Medical Center, "Innovative Psychiatric Emergency Services", Ann Arbor, Michigan

- 1994 Henry Ford Hospital, “Innovative Psychiatric Emergency Services”, Detroit, Michigan
- 1994 UC Irvine, “The Role of Psychiatric Emergency Services in Future Health Care Systems: Access and Treatment”, Irvine, California
- 1994 Allegheny General Hospital, Grand Rounds, “Medical and Psychiatric Differential Diagnosis”, Pittsburgh, Pennsylvania
- 1994 California Medical Facility, “Assessment and Management of the Suicidal Patient in Correctional Settings”, Vacaville, California
- 1994 Napa State Hospital, “Assessment and Management of Agitated and Suicidal Patients”, Napa, California
- 1994 County Mental Health Hospital, “Definitive Care and the Presentation and Treatment of Acute Mania”, San Diego, California
- 1994 Santa Rosa Memorial Hospital, Grand Rounds, “Alcohol Withdrawal and Psychosis in the ICU”, Santa Rosa, California
- 1994 Stanford University, Grand Rounds, “Innovative Psychiatric Emergency Services”, Stanford, California.
- 1994 Ventura County Medical Center, Grand Rounds, “Treatment of the Difficult Patient with Multiple Somatic Complaints”, Ventura, California
- 1993 Texas Society of Psychiatric Physicians, Meeting, “Assessment and Treatment of the Agitated Patient”, Fort Worth, Texas
- 1993 University of Texas, Parkland Medical Center, Grand Rounds, “Benzodiazepine Toxicity”, Parkland, Texas
- 1993 University of California Davis Medical Center, Grand Rounds, “Accurate Assessment of the High Risk Suicidal Patient: Suicidality in the psychiatric emergency room”, Davis, California
- 1993 University of California, San Francisco, Chanate Hospital Grand Rounds, “Depression and Anxiety in the Elderly”, Santa Rosa, California
- 1993 University of California, Los Angeles, Grand Rounds, “Suicide Risk Assessment”, Los Angeles, California
- 1993 South Coast Chapter of the Northern California Psychiatric Society, “The Role of Benzodiazepines in Psychiatry”, Monterey, California
- 1992 Department of Mental Health and Substance Abuse Grand Rounds, “The Role of Benzodiazepines in Community Psychiatry”, San Francisco, California
- 1992 Central California Psychiatric Society, “Mixed Anxiety and Depression”, Fresno, California
- 1992 Massachusetts General Hospital, Boston Veterans’ Administration Medical Center, Newton Hospital, “Acute Management of the Agitated Critical Care Patient”, Boston, Massachusetts
- 1992 South Coast Chapter of the Northern California Psychiatric Society, “Treatment of Acute Traumatic Stress Reactions”, Monterey, California
- 1991 California Pacific Medical Center, Department of Psychiatry Grand Rounds, “Risk Assessment in the Psychiatric Emergency Room: Suicide and Assaultiveness”, San Francisco, California
- 1991 San Francisco General Hospital “Management and Assessment of Assaultive Patients in the Emergency Department, San Francisco, California
- 1990 Department of Veteran’s Affairs Medical Center, “Management of Agitation in a Critical Care Setting”, Seattle, Washington

CONSULTATION TO HOSPITALS OR HEALTH SYSTEMS

- 2003 San Mateo Medical Center, “Evaluation of San Mateo Medical Center Acute Psychiatric Services”, San Mateo, California
- 2001 MHMRA NeuroPsychiatric Center, “Improving Revenue in the NeuroPsychiatric Center”, Houston, Texas
- 2001 Community Hospital of Monterey Peninsula, “Developing Effective Emergency Services”, Monterey, California
- 2000 Queens Health System, “Atypical Antipsychotics and the Managed Care Formulary”, Honolulu, Hawaii
- 2000 Texas Tech Psychiatric Emergency Services, “Development of a Residency Training Program in Emergency Psychiatry”, El Paso, Texas
- 1998 Queens Hospital, “Effective Expansion of Psychiatric Emergency Services”, Honolulu, Hawaii
- 1998 Ventura County Behavioral Health, “Administrative and Management Issues in the Psychiatric Emergency Services”, Ventura, California
- 1998 Salem Hospital, “Issues in the Interface of Emergency Services and Psychiatric Emergency Services”, Salem, Oregon
- 1998 Maine State Community Mental Health Network, “Administrative and Management Issues in the Psychiatric Emergency Services”, Bangor, Maine
- 1997 Fairview-University of Minnesota Hospital, “Administrative and Management Issues in the Psychiatric Emergency Services”, Minneapolis, Minnesota
- 1997 Queen’s Hospital, “Management of Psychiatric Emergency Services”, Honolulu, Hawaii

- 1996 Providence Health System, “Developing Psychiatric Crisis Services”, Portland, Oregon
- 1994 Presbyterian Hospital, “Developing Psychiatric Crisis Services”, Pittsburgh, Pennsylvania
- 1994 Queen’s Hospital, “Developing Psychiatric Crisis Services”, Honolulu, Hawaii
- 1994 Dominican Hospital, “Developing Psychiatric Crisis Services”, Santa Cruz, California
- 1994 Strong Memorial Hospital, “Developing Psychiatric Crisis Services”, Rochester, New York
- 1991 University of Texas, San Antonio, “Developing Psychiatric Crisis Services”, San Antonio, Texas

UNIVERSITY SERVICE

SAN FRANCISCO GENERAL HOSPITAL-WIDE COMMITTEES

- 1992-1994 Security Task Force
- 1991-1994 Substance Abuse Ad Hoc Committee
- 1991-1994 Chairman, Forms Subcommittee of the Medical Records Committee
- 1990-1994 Medical Records Committee

SFGH DEPARTMENT OF PSYCHIATRY COMMITTEE

- 1993-1994 Psychopharmacology Practice Committee
- 1991-1994 Chairman, Information Systems Committee
- 1991-1992 Research Advisory Committee
- 1990-1994 Quality Assurance Committee and Quality Council
- 1990-1994 Inpatient Services Steering Committee
- 1990-1994 Unit Chief Committee
- 1990-1994 Chair, Continuous Quality Improvement Committee of PES

CLINICAL AND ADMINISTRATIVE SERVICE

- 1991-1994 Computer Services Coordinator, Department of Psychiatry
- 1990-1994 Medical Director, Psychiatric Emergency Services (PES)
 Played a key role in a major overhaul of all acute services within the Department of Psychiatry and the San Francisco Department of Mental Health. Initiated and implemented computerization of department records. Recruited 6 new attending psychiatrists. Supervised residents and medical students, and a staff of 9 attending psychiatrists and 23 “on-call” psychiatrists. Organized a new rotation and formal lectures for 3rd year medical students. Proposed and implemented a new four week rotation for residents of psychiatry in all four years of their training.

POST GRADUATE AND CONTINUING EDUCATION COURSES ATTENDED

- 1990-present Yearly Continuing Medical Education requirements met

All information current as of March 2018