

High Intensity Community Based Services

LOCUS© Instrument, Level of Care Three

This level of care provides treatment to clients who need intensive support and treatment, but who are living either independently or with support in the community. Service needs do not necessarily require daily supervision, but contact is required several times per week. Programs of this type have traditionally been clinic-based programs, but they could be provided in the community as well. These programs should provide the following:

- 1. Care Environment**

Adequate space should be available to carry out activities required for treatment. Space should be easily accessible, well ventilated and lighted. Access to the facility can be monitored and controlled, but egress can not be restricted. In some cases these services may be provided in community settings or in the place of residence.

- 2. Clinical Capabilities**

Treatment programming (including group, individual and family therapy) will be available at least three days per week and about two or three hours per day. Psychiatric/medical review and/or contact should take place about every two weeks, and be available more frequently if required. On call psychiatric/medical services will generally not be available on a 24-hour basis. Skilled nursing care is usually not required at this level of care, and medication use can be monitored but not administered. Capabilities to provide individual, group, family and rehabilitative therapies should be available.

- 3. Supportive Services**

Case management or outreach services should be available and integrated with treatment teams. Assistance with providing or arranging financial support, supportive housing, systems management, child care and transportation should be available. Liaison with mutual support networks and individual advocacy groups, facilitation of recreational and social activities, and coordination with educational or vocational programming will also be available according to client needs.

- 4. Crisis Resolution and Prevention**

Clients must have access to 24 hour emergency evaluation and brief intervention services including a respite environment. Mobile service capability, day care and child enrichment programs, education and employment opportunities, and empowerment programs will be available, and access to these services will be facilitated. All other Basic Services (see page 31) will also be available.