

## Low Intensity Community Based Services

### LOCUS© Instrument, Level of Care Two

This level of care provides treatment to clients who need ongoing treatment, but who are living either independently or with minimal support in the community. Treatment and service needs do not require intense supervision or very frequent contact. Programs of this type have traditionally been clinic-based programs, but could be provided in community locations. These programs should provide the following:

- 1. Care Environment**

Adequate space should be available to carry out activities required for treatment. Space should be easily accessible, well ventilated and lighted. Access to the facility can be monitored and controlled, but egress can not be restricted. In some cases services may be provided in community locations or in the place of residence.

- 2. Clinical Capabilities**

Treatment programming will be available up to three hours per week, but usually not less than one hour every two weeks. Psychiatric or physician review and/or contact should take place about once every eight weeks. Medication use can be monitored and managed in this setting. Capabilities to provide individual, group, and family therapies should be available in these settings.

- 3. Supportive Services**

Case management services will generally not be required at this level of care, but assistance with arranging financial support, supportive housing, systems management, child care and transportation may be necessary. Liaison with mutual support networks and individual advocacy groups, and coordination with educational or vocational programming will also be available according to client needs.

- 4. Crisis Resolution and Prevention**

Clients must have access to 24 hour emergency evaluation and brief intervention services including a respite environment. Educational and employment opportunities, and empowerment programs will be available, and access to these services will be facilitated. In addition, all other Basic Services (see page 31) will be accessible.